



Illinois Wesleyan Women's Outdoor Track 2018 Season Bests



TEAM RESULTS

March 16-17	Rhodes College Invitational	No team scores kept
March 30-31	Wash U. Invitational	2 nd of 12 teams
April 7	DePauw Tiger Invitational	1 st of 6 teams
April 14	Greenville Invitational	3 rd of 16 teams
April 20	Rose-Hulman Twilight Meet	2 nd of 10 teams
April 21	Wheaton Don Church Twilight Meet	9 th of 14 teams
April 24	Monmouth Midweek	No team scores kept
April 26	Drake Relays	No team scores kept
April 27	Illinois College True Blue	No team scores kept
May 4-5	CCIW Outdoor Championships	2 nd of 9 teams
May 10-11	North Central Dr. Keeler Invite	No team scores kept
May 17	Augustana Twilight	No team scores kept
May 24-26	NCAA Track Championships	12 th of 80 teams

SCHOOL RECORDS SET THIS SEASON

Hammer Throw: Karly Goodman, Arthur, Ill., (Arthur-Lovington HS)	175' 7"	North Central, 5/10/18
Javelin Throw: Karly Goodman, Arthur, Ill., (Arthur-Lovington HS)	144' 0"	NCAA, 5/24/18
Long Jump: Amelia Glueck, Pekin, Ill., (Tremont HS)	19' 10.25"	NCAA, 5/24/18
Shot Put: Karly Goodman, Arthur, Ill., (Arthur-Lovington HS)	45' 10.5"	Augustana, 5/17/18

100 Meter Dash

IWU Record: Amanda LaRocca	11.77	2010
Amelia Glueck, Pekin, Ill., (Tremont HS)	12.25	Augustana, 5/17/18
Rebecca Anderson, Clinton, Ill., (Clinton HS)	12.56	Monmouth, 4/24/18
Rachel Osoba, Naperville, Ill., (Neuqua Valley HS)	12.93	Augustana, 5/17/18
Nia Lee, Romeoville, Ill., (Romeoville HS)	13.10	Wash U., 3/31/18
Dauida Boron, Country Club Hills, Ill., (Rich Central HS)	13.21	Monmouth, 4/24/18

200 Meter Dash

IWU Record: Amanda LaRocca	24.02	2010
Becca Anderson, Clinton, Ill., (Clinton HS)	26.46	Greenville, 4/14/18
Rachel Osoba, Naperville, Ill., (Neuqua Valley HS)	27.01	Rhodes, 3/17/18
Dauida Boron, Country Club Hills, Ill., (Rich Central HS)	27.58	CCIW, 5/4/18
Nia Lee, Romeoville, Ill., (Romeoville HS)	28.31	Rose-Hulman, 4/20/18
Emily Asselmeier, Glen Ellyn, Ill., (Glenbard West HS)	29.67	Greenville, 4/14/18
Queen Igomu, Nigeria	30.73	Wash U., 3/31/18

400 Meter Dash

IWU Record: Rachel Anderson	54.35	2008
Amelia Glueck, Pekin, Ill., (Tremont HS)	1:02.60	DePauw, 4/7/18
Becca Anderson, Clinton, Ill., (Clinton HS)	1:03.60	DePauw, 4/7/18
Dariena Roy, Harvey, La., (Patrick F. Taylor Academy)	1:09.45	Wash U., 3/31/18
Queen Igomu, Nigeria	1:10.49	Wash U., 3/31/18

800 Meter Run

IWU Record: Tara Clemens	2:06.60	2013
Maddie Dulin, Monmouth, Ill., (Monmouth-Roseville HS)	2:33.87	Monmouth, 4/24/18
Rachel Budd, Cedarburg, Wis. (Cedarburg HS)	2:35.60	Wash U., 3/31/18
Rebecca Kelly, St. Charles, Ill. (St. Charles East HS)	2:37.31	Wash U., 3/31/18
Jackie Dziewior, Hanover Park, Ill., (Glenbard North HS)	2:46.32	Monmouth, 4/24/18
Lexi Kremmer, Mattoon, Ill., (Mattoon HS)	2:47.69	Greenville, 4/14/18

1,000 Meter Run		
IWU Record: Tara Clemens	4:30.52	2012
1,500 Meter Run		
Victoria Drake, Mattoon, Ill., (Mattoon HS)	4:49.05	Wheaton, 4/21/18
Alyssa Pridemore, St. Joseph, Ill., (St Joseph-Ogden HS)	4:51.92	Wheaton, 4/21/18
Rachel Budd, Cedarburg, Wis. (Cedarburg HS)	5:07.16	CCIW, 5/4/18
Rachel Schoenecker, Highland Park, Ill. (Highland Park HS)	5:18.71	Greenville, 4/14/18
Michaela Drake, Mattoon, Ill., (Mattoon HS)	5:27.52	CCIW, 5/4/18
Samira Kassem, Mahomet, Ill., (Mahomet-Seymour HS)	5:29.11	Wheaton, 4/21/18
Jackie Dziewior, Hanover Park, Ill., (Glenbard North HS)	5:43.86	Wheaton, 4/21/18
Annie Crumbaugh, LeRoy, Ill., (LeRoy HS)	5:55.00	Wash U., 3/31/18
Lexi Kremmer, Mattoon, Ill., (Mattoon HS)	6:11.13	Wash U., 3/31/18
1 Mile Run		
Monica Mocogni, Highland Park, Ill. (Highland Park HS)	5:31.71	Rhodes, 3/17/18
Cecelia Galvan, Chicago, Ill. (Marist HS)	5:38.26	Rhodes, 3/17/18
Rachel Schoenecker, Highland Park, Ill. (Highland Park HS)	5:44.58	Rhodes, 3/17/18
Rachel Budd, Cedarburg, Wis. (Cedarburg HS)	5:48.57	Rhodes, 3/17/18
Samira Kassem, Mahomet, Ill., (Mahomet-Seymour HS)	6:06.83	Rhodes, 3/17/18
3,000 Meter Run		
IWU Record: Kerry Devitt	10:15.62	2009
5,000 Meter Run		
IWU Record: Erin McCarey	17:20.38	2016
Victoria Drake, Mattoon, Ill., (Mattoon HS)	17:38.08	Wash U., 3/31/18
Clare O'Donnell, Lemont, Ill., (Providence Catholic HS)	18:03.09	Wash U., 3/31/18
Monica Mocogni, Highland Park, Ill. (Highland Park HS)	18:47.02	Wheaton, 4/21/18
Cecelia Galvan, Chicago, Ill. (Marist HS)	18:54.38	Wheaton, 4/21/18
Jillian Cole, Springfield, Ill., (Springfield HS)	19:11.82	Greenville, 4/14/18
Rachel Schoenecker, Highland Park, Ill. (Highland Park HS)	19:27.25	Rhodes, 3/17/18
Katie North, Aurora, Ill., (Metea Valley HS)	19:33.93	Wheaton, 4/21/18
Rachel Budd, Cedarburg, Wis. (Cedarburg HS)	20:43.38	Greenville, 4/14/18
Annie Crumbaugh, LeRoy, Ill., (LeRoy HS)	21:55.35	Greenville, 4/14/18
10,000 Meter Run		
IWU Record: Erin McCarey	36:01.82	2016
Victoria Drake, Mattoon, Ill., (Mattoon HS)	36:17.69	North Central, 5/10/18
Jillian Cole, Springfield, Ill., (Springfield HS)	38:46.93	CCIW, 5/4/18
Monica Mocogni, Highland Park, Ill. (Highland Park HS)	39:48.87	Wash U., 3/31/18
Katie North, Aurora, Ill., (Metea Valley HS)	41:21.32	CCIW, 5/4/18
Rachel Schoenecker, Highland Park, Ill. (Highland Park HS)	41:30.31	CCIW, 5/4/18
100 Meter Hurdles		
IWU Record: Amanda LaRocca	14.08	2010
Kelsey Wyman, Monmouth, Ill., (Monmouth-Roseville HS)	16.49	Monmouth, 4/24/18
Cora Wilkinson, Verona, Ill., (Seneca Township HS)	16.58	DePauw, 4/7/18
Flower Edington, Wilmette, Ill., (New Trier HS)	17.03	DePauw, 4/7/18
400 Meter Hurdles		
IWU Record: Allie Boudreau	1:02.16	2014
Cora Wilkinson, Verona, Ill., (Seneca Township HS)	1:04.31	CCIW, 5/4/18
Kelsey Wyman, Monmouth, Ill., (Monmouth-Roseville HS)	1:05.38	CCIW, 5/4/18
Flower Edington, Wilmette, Ill., (New Trier HS)	1:12.75	DePauw, 4/7/18
Emily Asselmeier, Glen Ellyn, Ill., (Glenbard West HS)	1:18.03	Rhodes, 3/17/18
3000 Meter Steeplechase		
IWU Record: Melinda Sprague	10:46.56	2006

Cecelia Galvan, Chicago, Ill. (Marist HS)	11:45.43	CCIW, 5/4/18
4x100 Meter Relay		
IWU Record: McCoy, LaRocca, Alpert, Thomas	46.07	2010
IWU "A"	48.56	CCIW, 5/4/18
4x200 Meter Relay		
IWU Record: Loynachan, Boudreau, Eskew, Bernardoni	1:41.77	2012
4x400 Meter Relay		
IWU Record: Rawlins, Dionne, O'Rourke, Taylor	3:44.16	2003
IWU "A"	4:09.94	CCIW, 5/4/18
4x800 Meter Relay		
IWU Record: Fisher, Duckwitz, Heilengoetter, Devitt	9:28.385	2008
High Jump		
IWU Record: Molly McGraw	5' 9.75"	CCIW, 2017
Molly McGraw, Bloomington, Ill., (Central Catholic HS)	5' 6.5"	DePauw, 4/7/18
Long Jump		
IWU Record: Amelia Glueck	19' 10.25"	NCAA, 2018
Amelia Glueck, Pekin, Ill., (Tremont HS)	19' 10.25"	NCAA, 5/24/18
Nia Lee, Romeoville, Ill., (Romeoville HS)	17' 10.75"	CCIW, 5/4/18
Cora Wilkinson, Verona, Ill., (Seneca Township HS)	17' 4.75"	CCIW, 5/4/18
Rachel Osoba, Naperville, Ill., (Neuqua Valley HS)	17' .5"	Rhodes, 3/17/18
Shante Williams, Algoma, Wis., (Algoma HS)	16' 7.25"	CCIW, 5/4/18
Triple Jump		
IWU Record: Jill Harmon	40' 9.75"	NCAA, 2016
Shante Williams, Algoma, Wis., (Algoma HS)	36' 8.5"	CCIW, 5/4/18
Cora Wilkinson, Verona, Ill., (Seneca Township HS)	36' 7.5"	CCIW, 5/4/18
Nia Lee, Romeoville, Ill., (Romeoville HS)	36' 6.25"	CCIW, 5/4/18
Rachel Osoba, Naperville, Ill., (Neuqua Valley HS)	34' 8.25"	CCIW, 5/4/18
Shot Put		
IWU Record: Karly Goodman	45' 10.5"	2018
Karly Goodman, Arthur, Ill., (Arthur-Lovington HS)	45' 10.5"	Augustana, 5/17/18
Angela Roman, Mt. Prospect, Ill. (Prospect HS)	40' 5"	Monmouth, 4/24/18
Ayana Blair, Wheeling, Ill., (Wheeling HS)	38' 10.5"	CCIW, 5/4/18
Yesenia Martinez, Chicago, Ill., (Curi Metro HS)	26' 9.25"	Monmouth, 4/24/18
Discus		
IWU Record: Shelby Jackson	146' 10"	2011
Ayana Blair, Wheeling, Ill., (Wheeling HS)	139' 7"	Augustana, 5/17/18
Karly Goodman, Arthur, Ill., (Arthur-Lovington HS)	129' 11"	Illinois College, 4/27/18
Angela Roman, Mt. Prospect, Ill. (Prospect HS)	94' 11"	Monmouth, 4/24/18
Javelin Throw		
IWU Record: Karly Goodman	144' 0"	NCAA, 2018
Karly Goodman, Arthur, Ill., (Arthur-Lovington HS)	144' 0"	NCAA, 5/24/18
Rebekah Ehresman, Gridley, Ill., (El Paso-Gridley HS)	115' 1"	CCIW, 5/4/18
Sydni McStravick, Encinitas, Calif., (La Costa Canyon HS)	99' 4"	Monmouth, 4/24/18
Susan Tonin, Beach Park, Ill. (Zion Benton HS)	87' 10"	DePauw, 4/7/18
Yesenia Martinez, Chicago, Ill., (Curi Metro HS)	68' 10"	Monmouth, 4/24/18
Hammer Throw		
IWU Record: Karly Goodman	175' 7"	2018
Karly Goodman, Arthur, Ill., (Arthur-Lovington HS)	175' 7"	North Central, 5/10/18

Angela Roman, Mt. Prospect, Ill. (Prospect HS)	159' 10"	North Central, 5/10/18
Ayana Blair, Wheeling, Ill., (Wheeling HS)	147' 6"	Monmouth, 4/24/18

Pole Vault

IWU Record: Jamie Gradishar	12' 7.5"	2015
Jackie Schirmacher, Orland Park, Ill., (Sandburg HS)	10' 9"	Monmouth, 4/24/18

Heptathlon

IWU Record: Allie Boudreau	5065 pts.	2015
-----------------------------------	------------------	-------------

Last Updated: April 25, 2018 by Hee-Seop Choi